

Inside-Out Cleaning has been providing customized Residential and Commercial cleaning services to the South Shore of Nova Scotia for over 25 years. Our highly trained, professional, respectful and well-supervised staff use only state-of-the-art equipment and environmentally conscious cleaning products. Let our attention to detail, experience, staff and customer service come together to make your home or business a healthier and cleaner place.

Whether you need your carpets or upholstery professionally cleaned, your house cleaned from top to bottom, or your offices cleaned on a weekly basis; we have all the services that can help keep your life clean, healthy and comfortable.

